

OVERCOMING WORRY

Matthew 6:25-34

"Sanctify them
by the Truth.
Your Word is Truth"

I. Introduction

A. Are you a chronic worrier?

B. To get the full impact of this teaching of Jesus, we must understand the context of the teaching.

C. We're not talking about appropriate planning, or even looking ahead.

II. The problem of worry. 25-32

A. Worry places our focus on the less important things of life. 25

B. Worry causes us to forget how much God values us. 26

C. Worry accomplishes no good thing in our lives. 27

D. Worry reveals a lack of faith in the goodness and provision of God. 28-31

E. Worry is worldly. 32

III. What is the cure for worry? 33-34

A. Stop living for things and start living for God! 33

B. Stop living for tomorrow and enjoy today. 34

IV. Conclusion